



# DLA-20

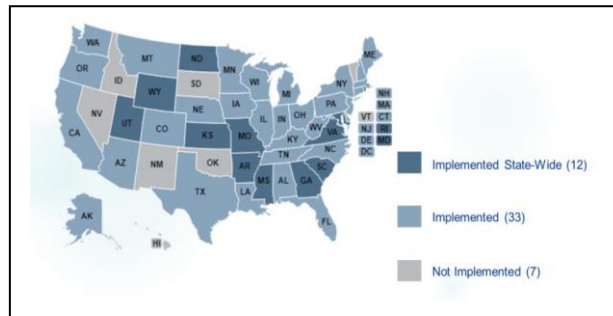
## Outcomes Measurement and Monitoring

Outcomes measurement and monitoring supports people living with mental illness, substance use, and intellectual disorders to manage their treatment. In the new payment environments, providers must demonstrate measurable outcomes and improve efficiencies, which can sharply reduce the need for specialized, high-cost services. The Daily Living Activities–20 (DLA-20) measures the daily living areas impacted by mental illness or disability and supports the functional assessment data needs of service providers.

### Improving Efficiencies

Clinicians today are overwhelmed by the range of diverse, complex measurement and assessment tools. The DLA-20 is a brief functional assessment tool, integrated nationally with more than 10 EHRs and appropriate for individuals ages 6 and

up, regardless of diagnosis, disability, or cultural background. It provides a 30-day snap shot of 20 domains and a summary of strengths and needs at a specific point related to whole health. MTM Services has trained over 320 provider organizations in 43 states and over 35,000 clinicians, who in turn have served more than 1,000,000 consumers.



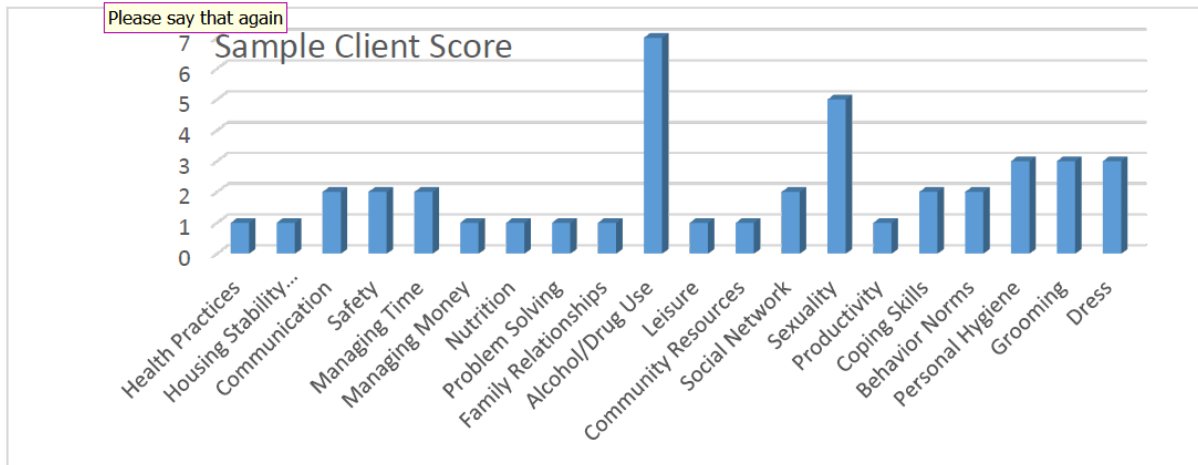
Value Over Volume: The Patient Protection and Affordable Care Act has accelerated the realignment of healthcare payment systems so that providers are reimbursed based more on the value of their care than on volume. Reliable and valid outcome measures generated by the DLA-20 enable providers to accurately report on value.

### Strengthen Reporting and Reimbursement

The DLA-20 is critical for effective treatment planning and contributes valuable information for Medicaid reimbursement and healthcare reporting standards. The DLA-20 is included on the Satcher Health Leadership Institute, Morehouse School of Medicine and Advancing Integrated Mental Health Solutions (AIMS) Center’s vetted list of rating scales in, “[A Core Set of Outcome Measures for Behavioral Health Across Service Settings](#),” by the Kennedy Forum. It ensures valid scores and consistent utilization for healthcare report cards, as detailed in the study, “[Reliability and Validity of the Daily Living Activities Scale: A Functional Assessment Measure for Severe Mental Disorders](#)” by Roger Scott and Willa Presmanes.



DLA-20 measures integrate with MTM’s SPQM tool and more than 11 EHRs, allowing clinical directors to turn individual service delivery data into actionable information to make objective decisions, manage operations, develop continuous improvement strategies, and demonstrate outcomes to public and private payers.



## Simple Training

The DLA -20 training includes a 3.5 hour initial training of clinicians to learn how to administer the copyrighted tool. Additionally, MTM Services offers a Train the Trainer Series to support organizations in sustaining the DLA-20. Having Certified Trainers within the organization streamlines the training of new staff and supports ongoing staff trainings to maintain a consistent level of inter reliability. MTM Services offers both online and onsite trainings for the following DLA-20 Tools:

DLA-20 Tool	Use with Clients
Adult MH DLA-20	18 years and older with Mental Health, Co-occurring, and/or Borderline –Mild Intellectual Disabilities
Adult Alcohol and Drug DLA-20	18 years and older with a primary Addictions Disorder. This tool is validated for ASAM accredited programs
Youth DLA-20	Ages 6-18 with Mental Health, Co-occurring and/or Borderline- Mild Intellectual Disabilities
Intellectual Disability	Moderate to Severe Intellectual Disabilities
Self-Report DLA-20	18 years and older with Mental Health, Co-occurring, and/or Borderline –Mild Intellectual Disabilities

For more information on DLA-20 and the MTM Consultation Team, please visit [www.mtmservices.org](http://www.mtmservices.org) or, to schedule a free planning meeting, please email MTM director of operations [Jodie Giboney](mailto:Jodie.Giboney@mtmservices.org) or call (919) 387-9892.